



H O M E F L O W



# Project Overview



Design a smart wearable device to monitor user health

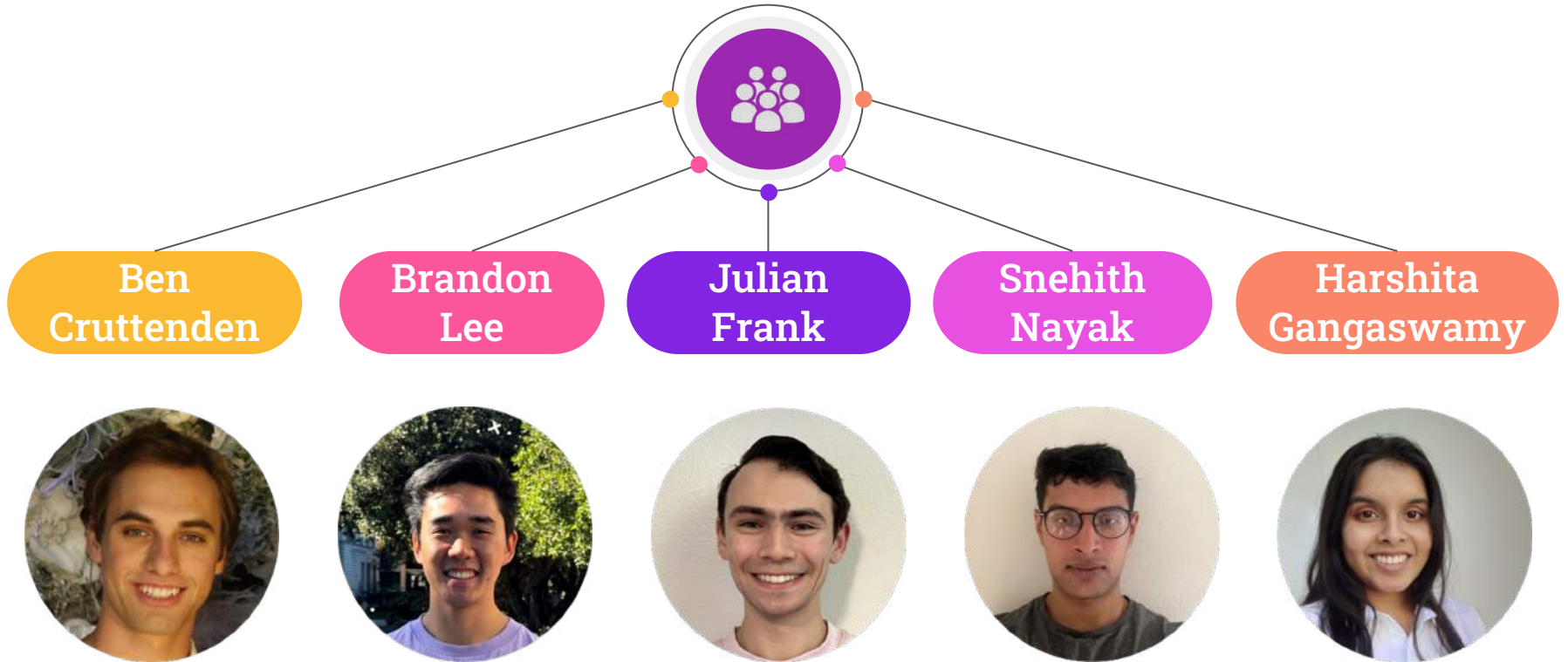


A smartwatch that monitors health metrics and environmental conditions

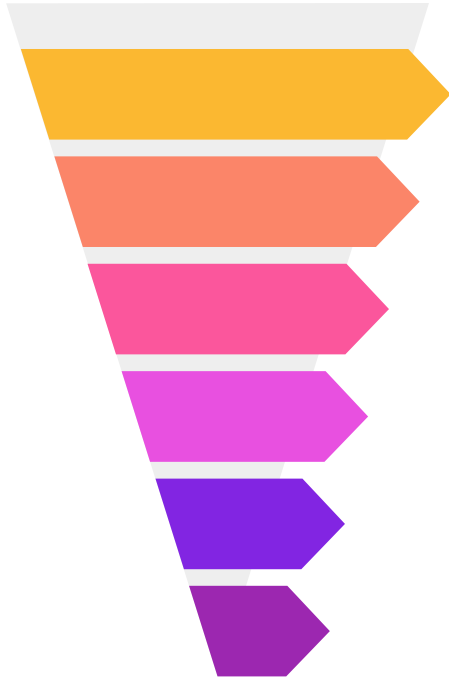
To improve the well-being of all users



# Team Members



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What HomeFlow plans to accomplish

## Hardware

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## PCB

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## Software

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## Final Product

Final assembly

## Demo

Video demonstration of HomeFlow

# Project Features

## Sensors



- Pulse oximetry
- Body temperature
- Motion
- Noise level
- Weather

## Outputs



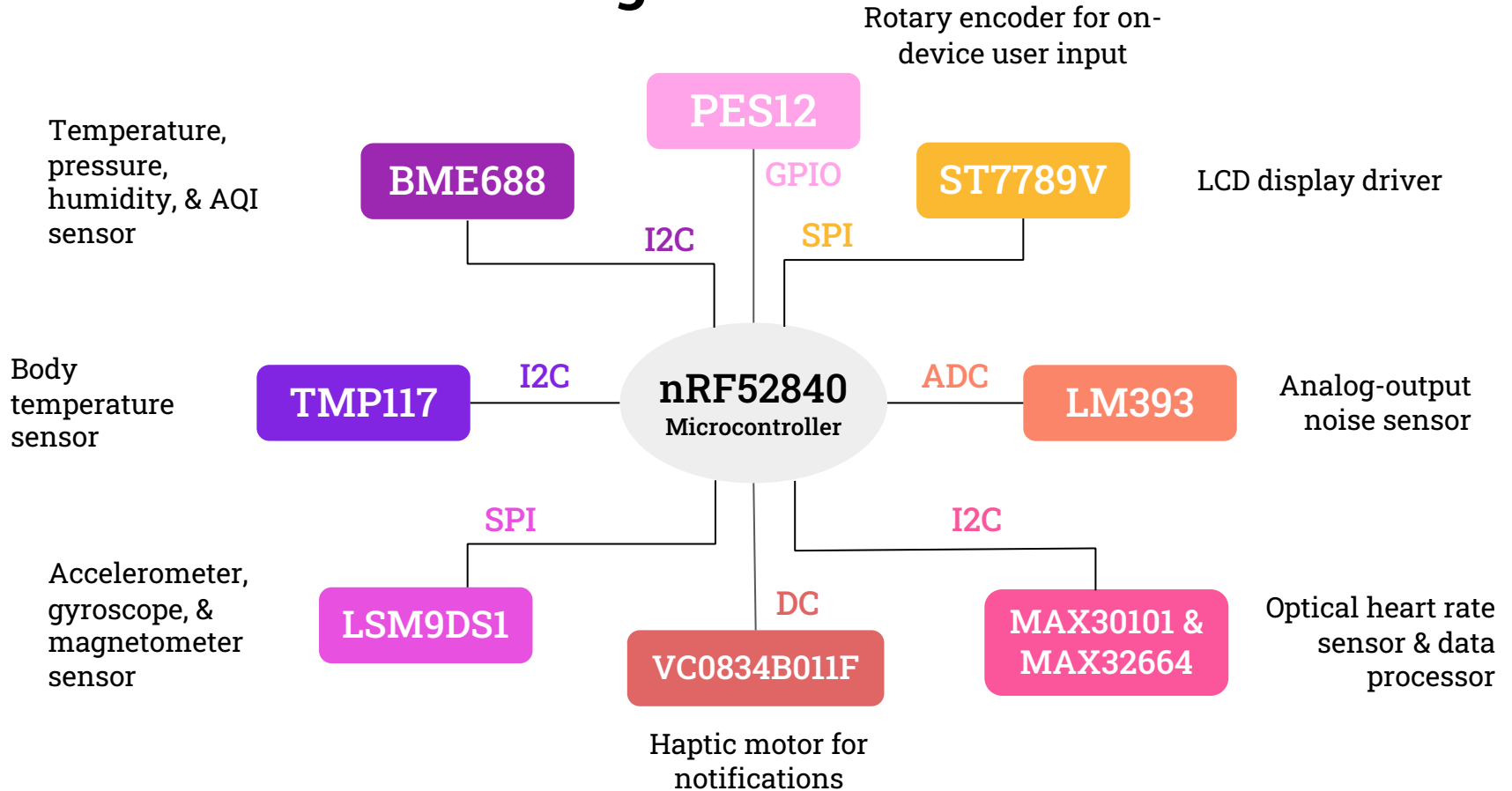
- Medical metrics
- Air quality and environmental safety
- Step counting
- Alerts

## User Interface



- Wearable:
  - LCD display
  - Rotary encoder
- Mobile application:
  - Data visualizations
  - Databasing

# Wearable Block Diagram



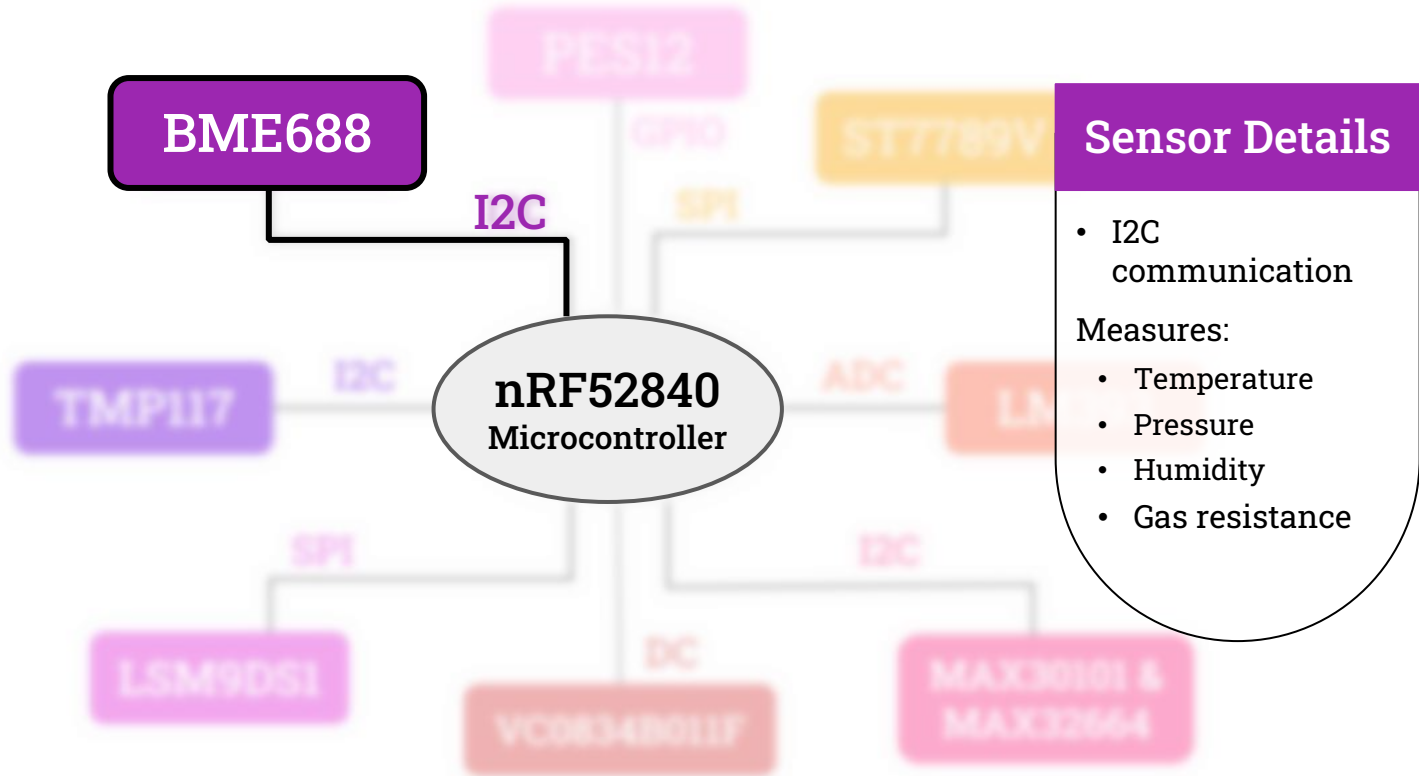
# Microcontroller

## Specifications

- On-board Bluetooth Low Energy (BLE)
- Low-power operation
- I2C, SPI, UART, ADC and GPIO capabilities

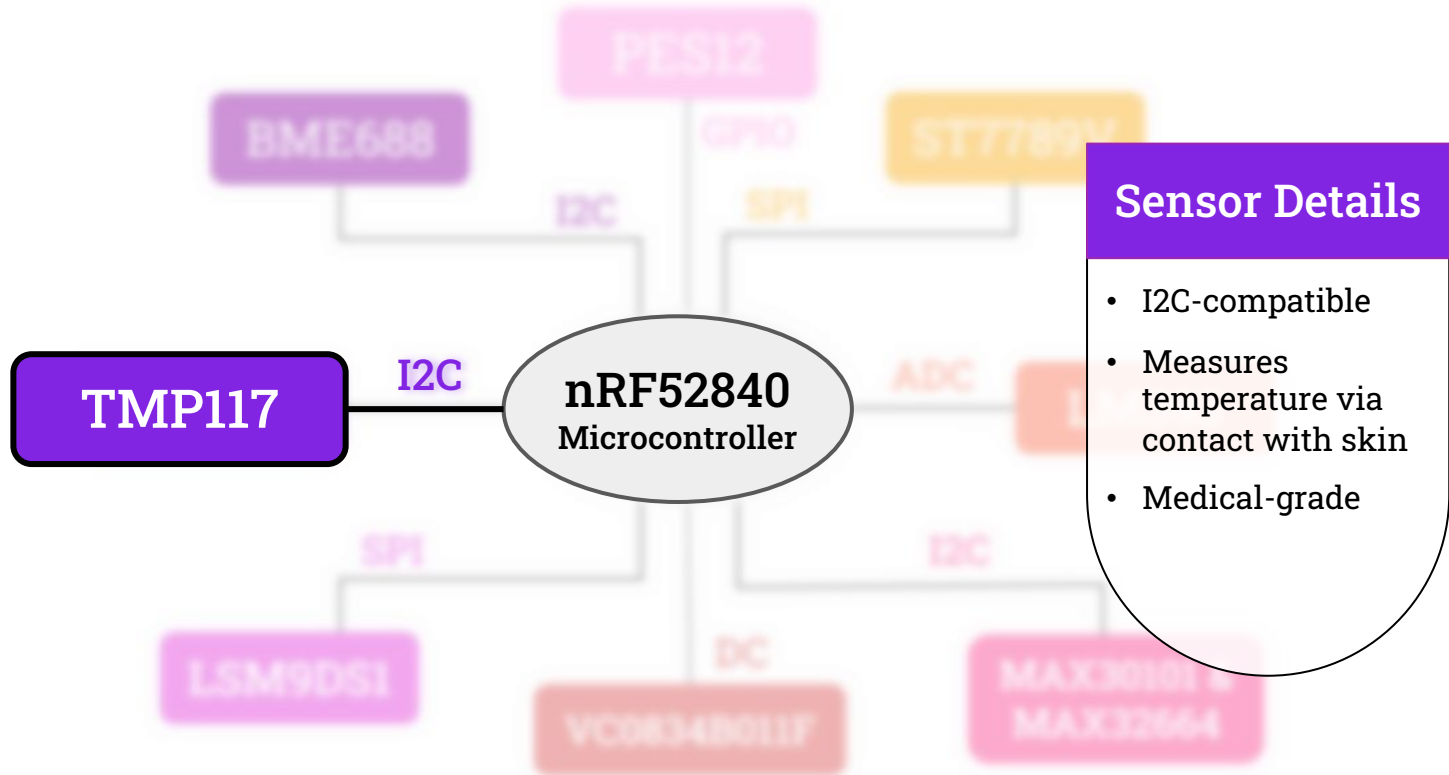
**nRF52840**  
Microcontroller

# Weather Sensor

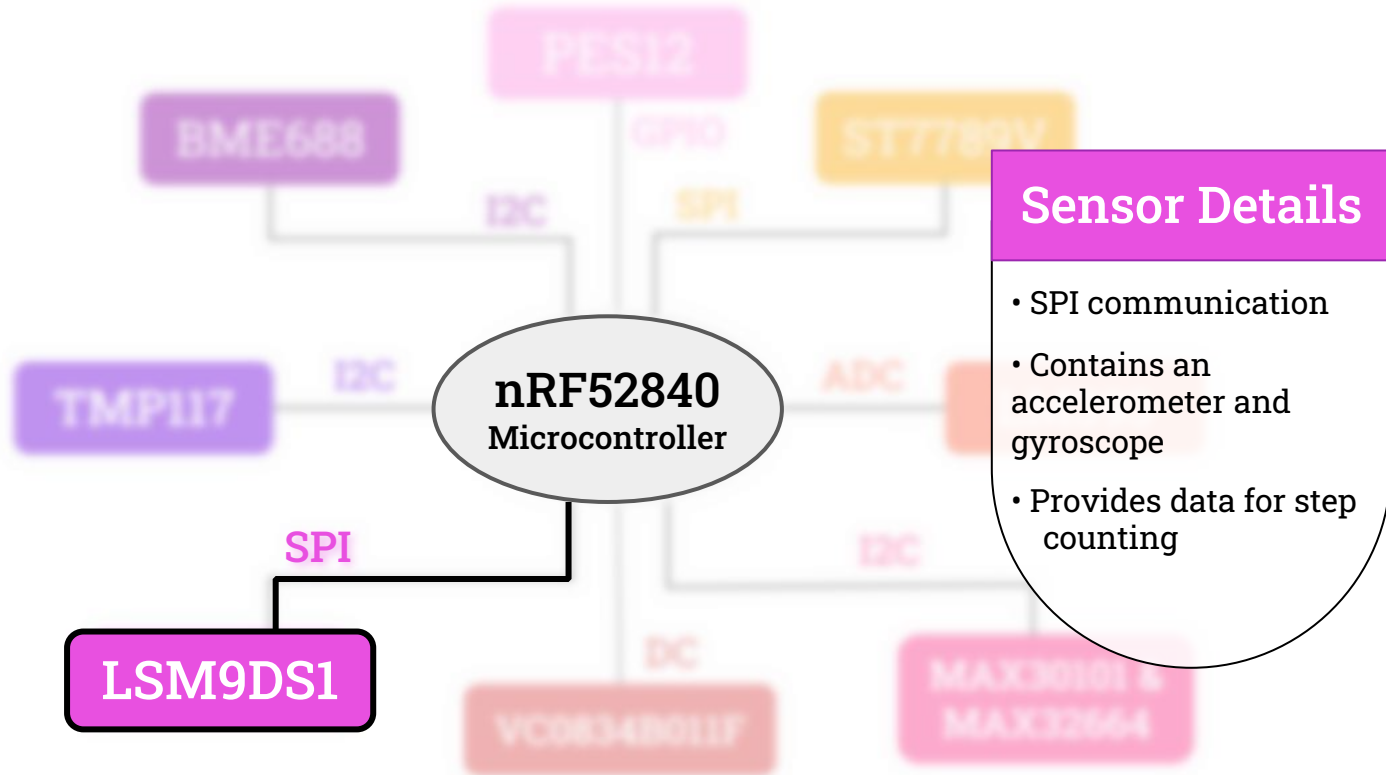




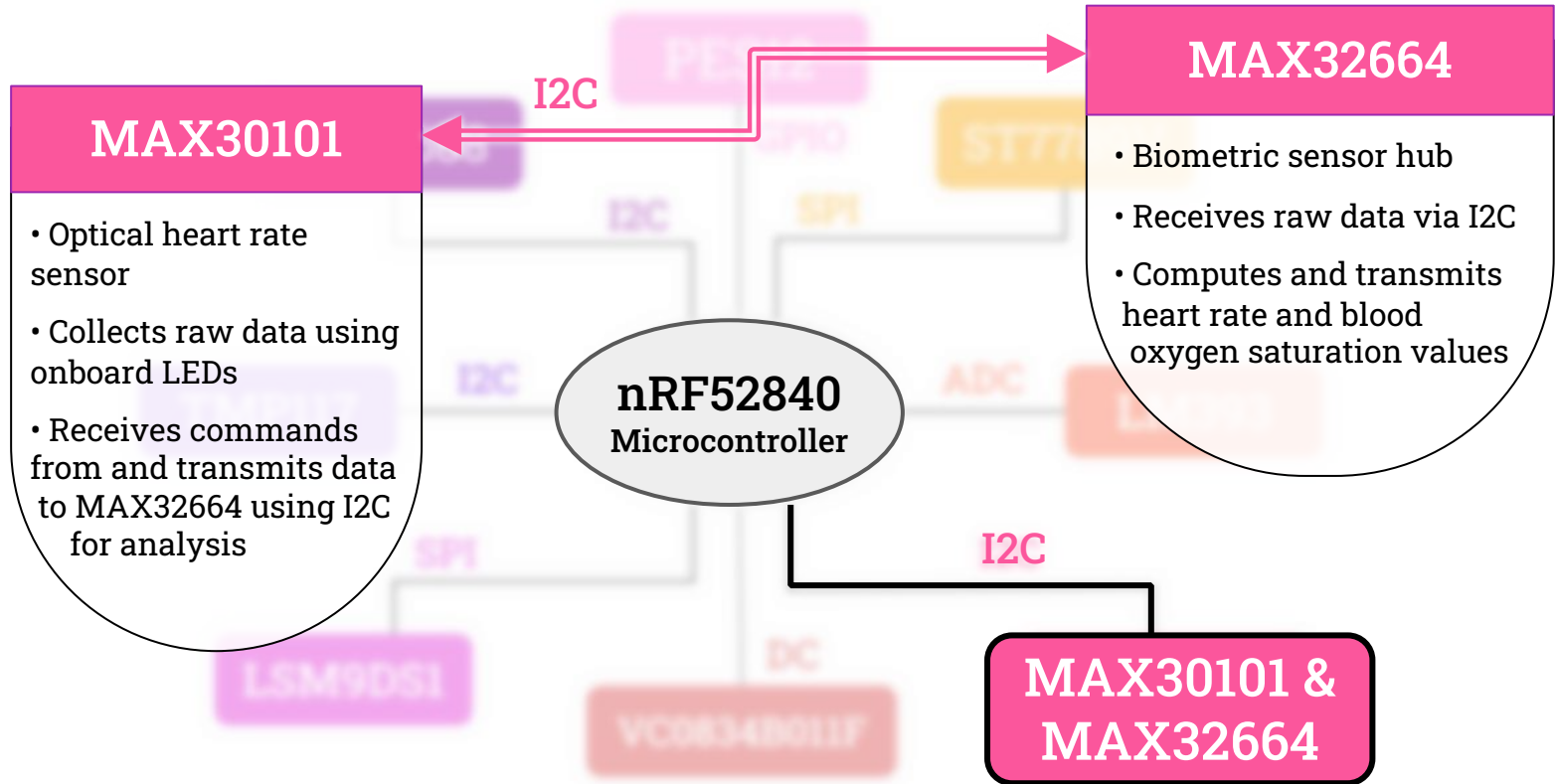
# Medical Thermometer



# Inertial Measurement Unit (IMU)



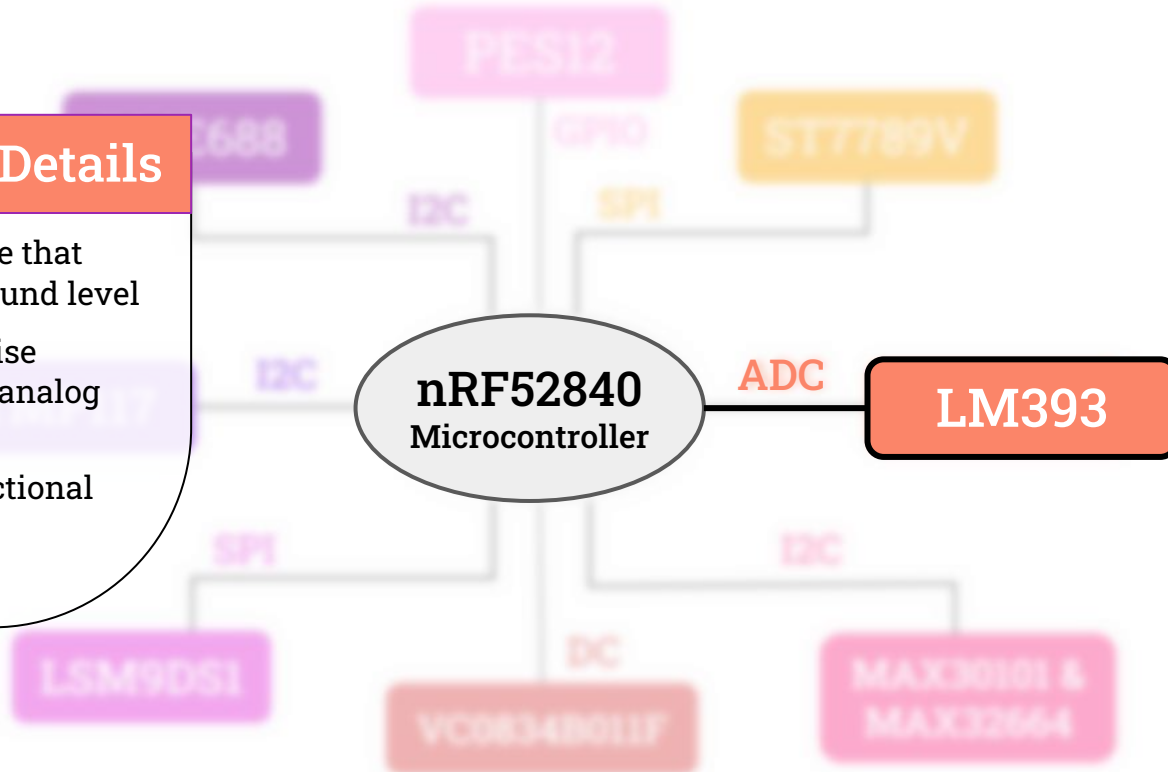
# Heart Rate / Blood Oxygen Sensor



# Volume Sensor

## Sensor Details

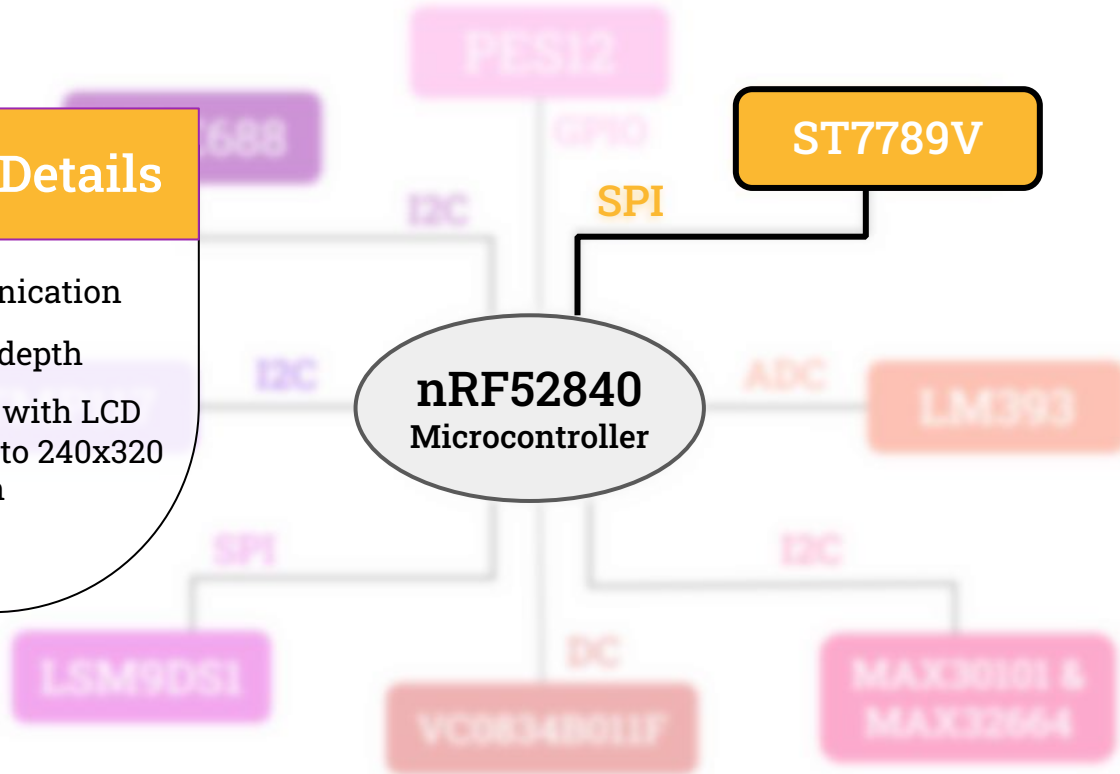
- Microphone that measures sound level
- Outputs noise intensity as analog voltage
- Omnidirectional



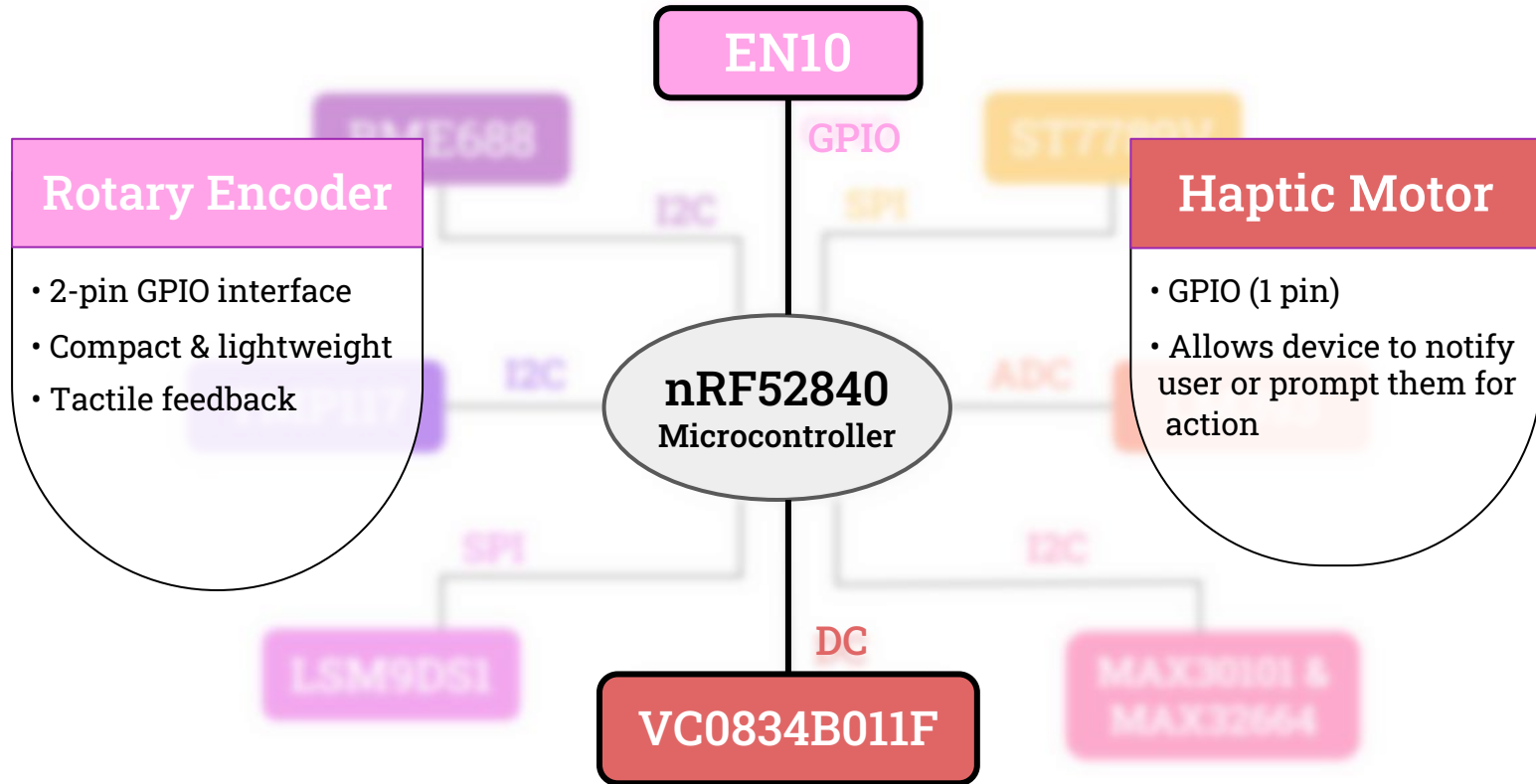
# Display Module

## Sensor Details

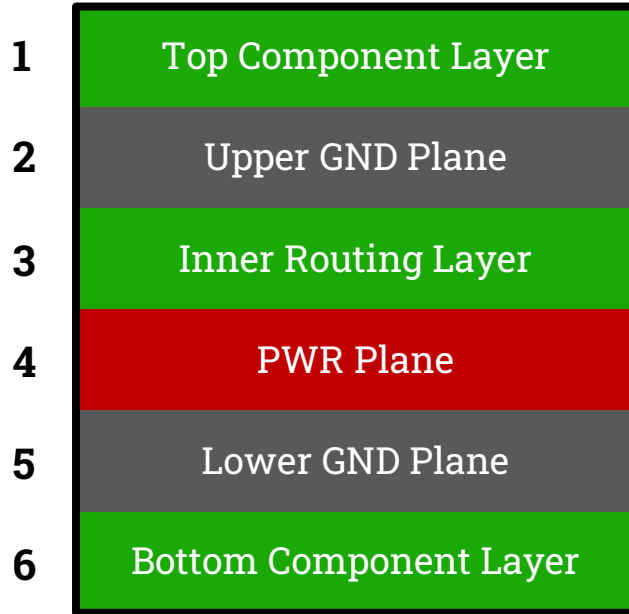
- SPI communication
- 18-bit color depth
- Compatible with LCD displays up to 240x320 resolution



# UI Components



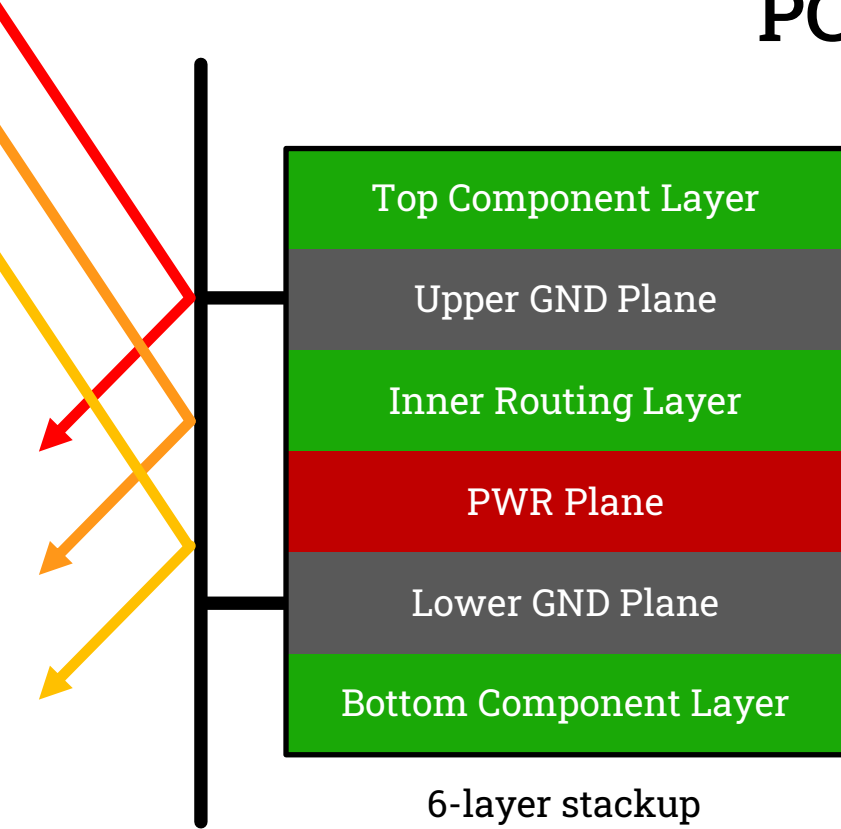
# PCB Design



6-layer stackup

- 6-layer design and dimensions of 35 x 50 mm

# PCB Design

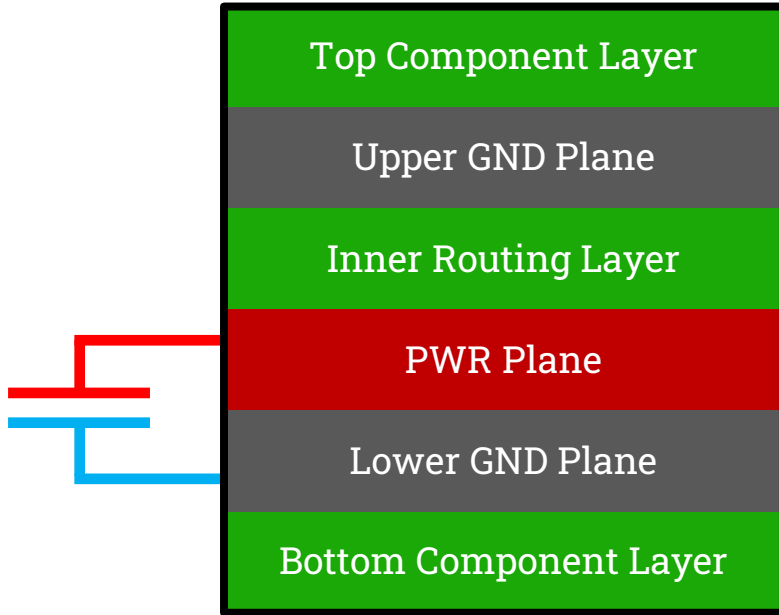


6-layer stackup

- 6-layer design and dimensions of 35 x 50 mm
- **EMI shielding with GND planes**



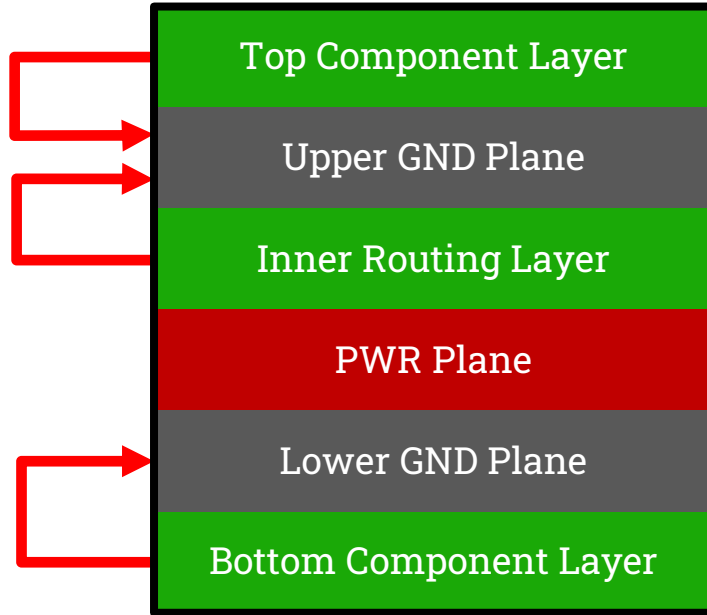
# PCB Design



6-layer stackup

- 6-layer design and dimensions of 35 x 50 mm
- EMI shielding with GND planes
- **Embedded capacitance:**
  - Alternative to decoupling capacitors for noise reduction
  - Utilizes capacitance between PWR and GND planes

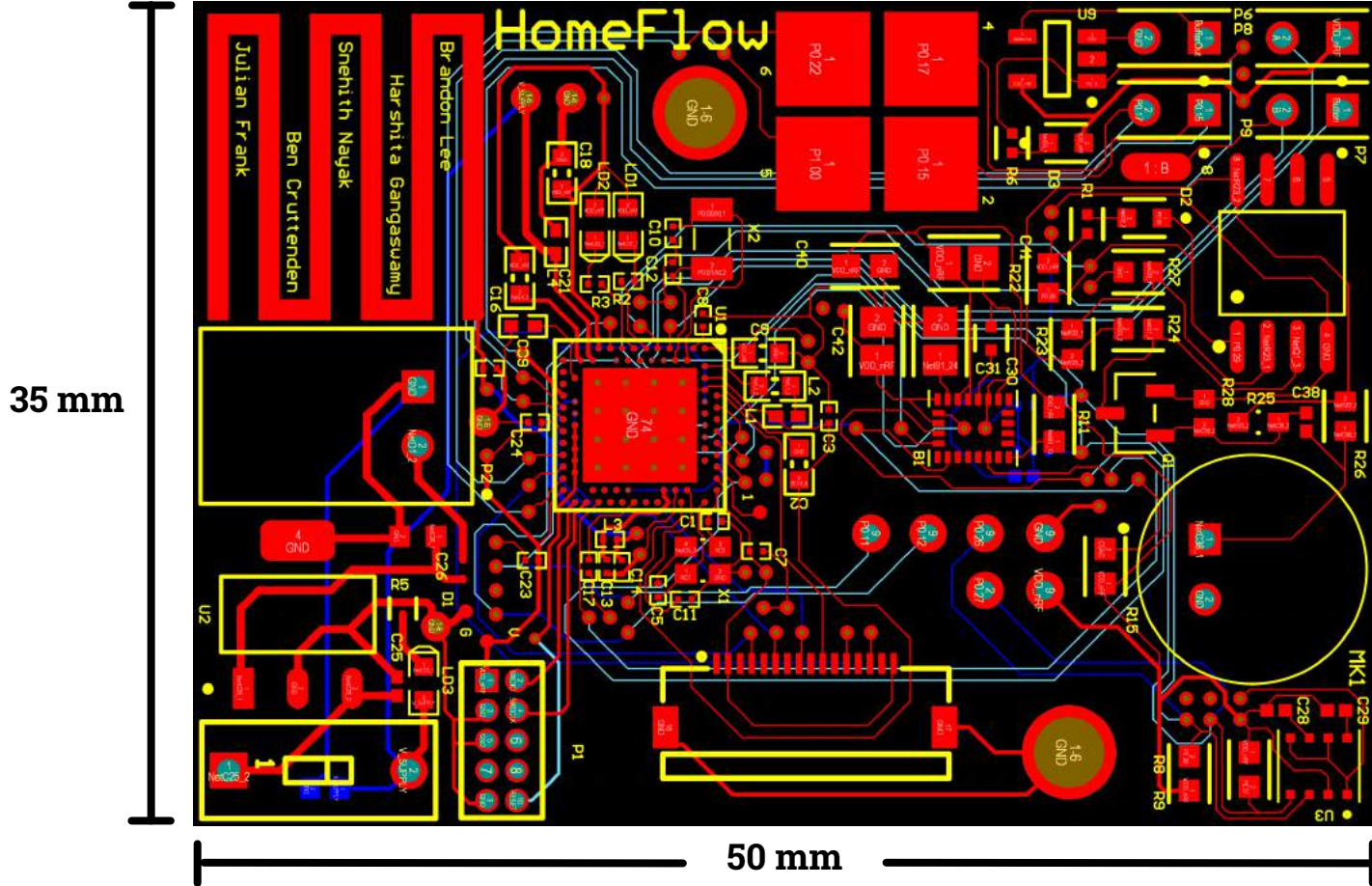
# PCB Design



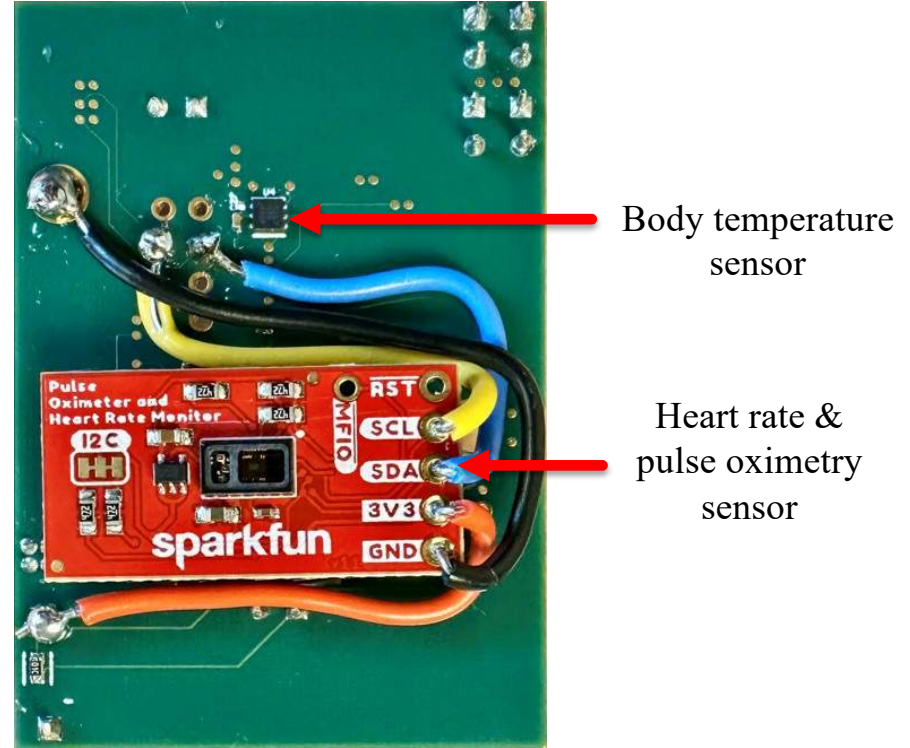
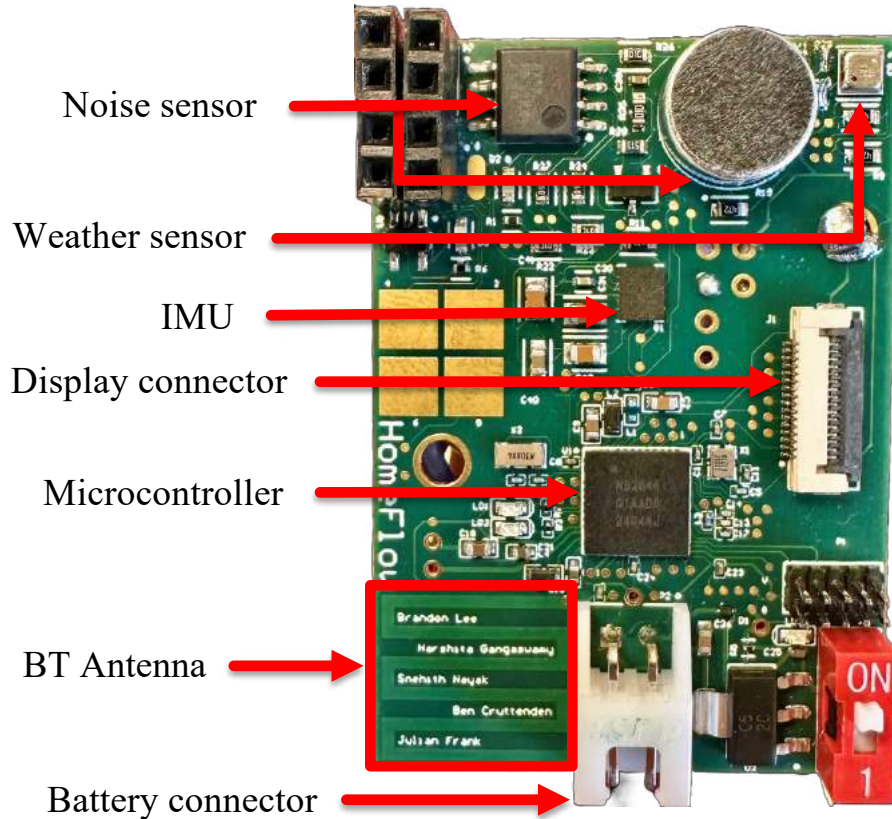
6-layer stackup

- 6-layer design and dimensions of 35 x 50 mm
- EMI shielding with GND planes
- Embedded capacitance
  - Alternative to decoupling capacitors for noise reduction
  - Utilizes capacitance between PWR and GND planes
- **Reference planes**
  - Provides a direct return path for currents from signal layers
  - Helps to reduce EMI output and further mitigate noise

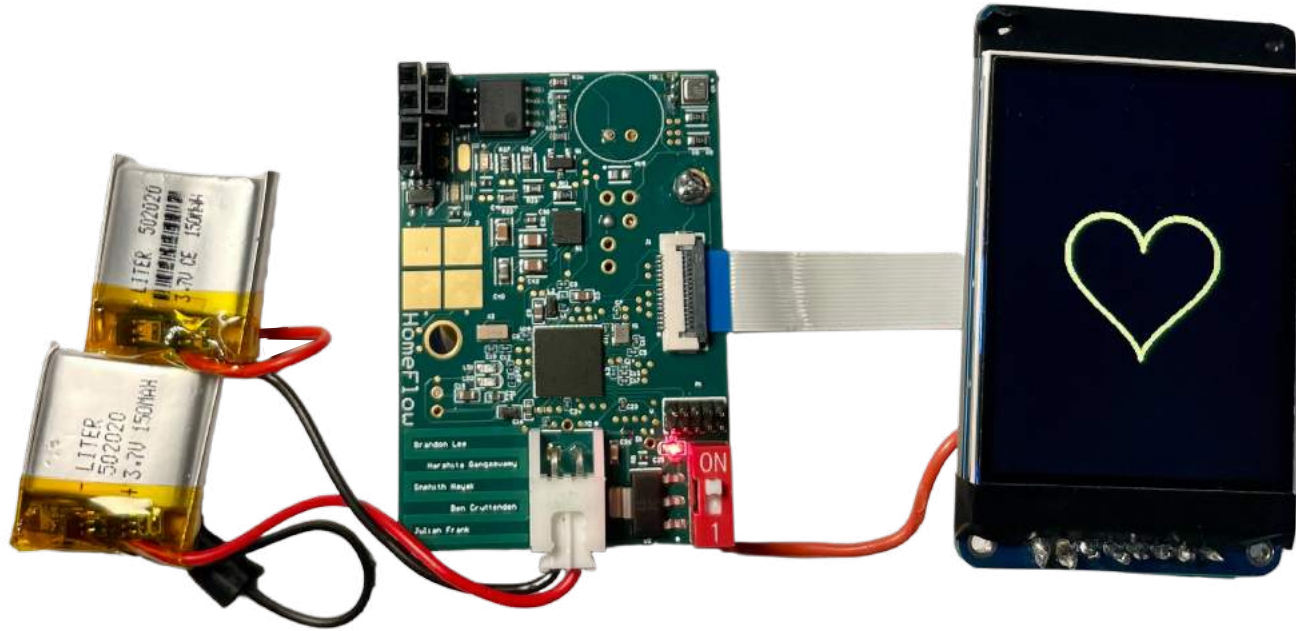
# PCB Layout



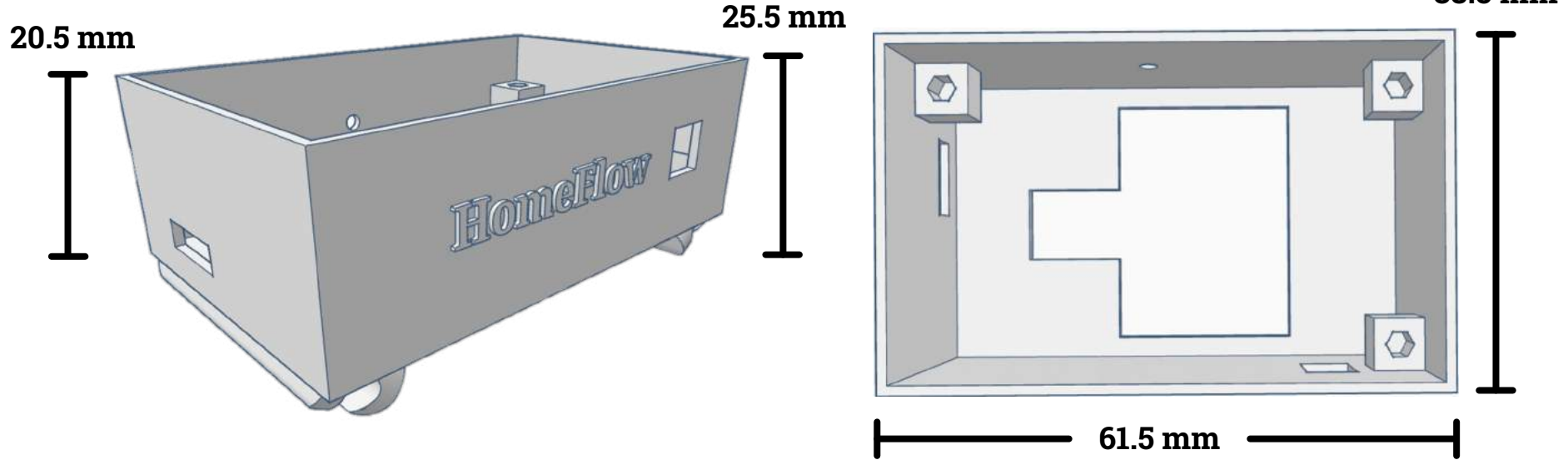
# PCB Layout



# Hardware Construction

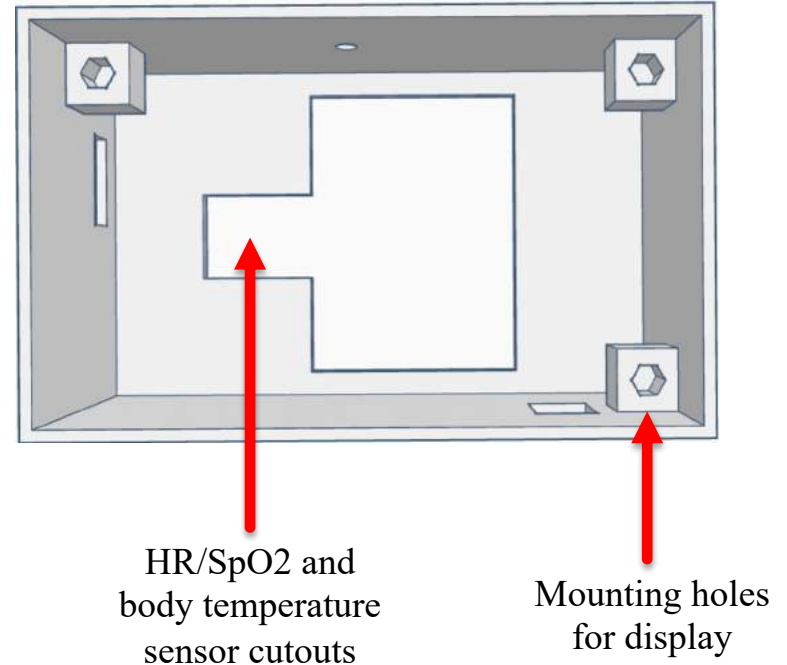
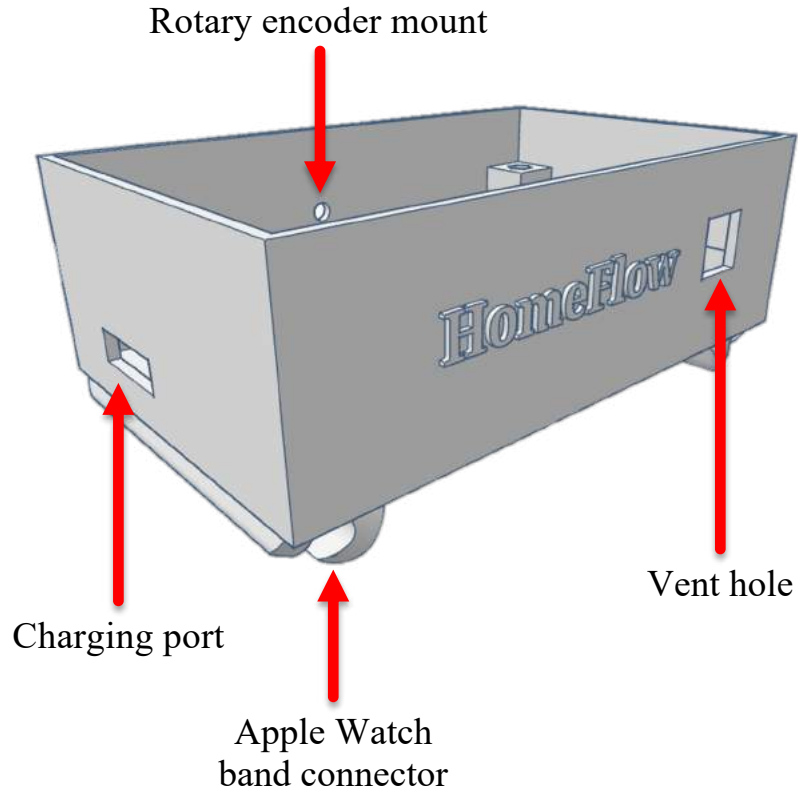


# Enclosure Design





# Enclosure Design



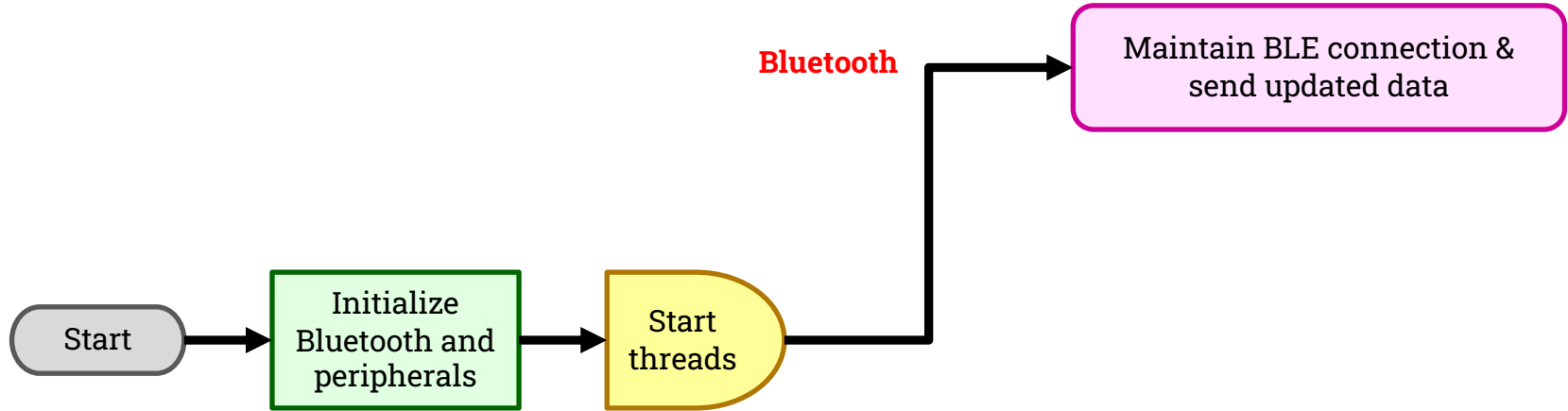
# Embedded Software Design



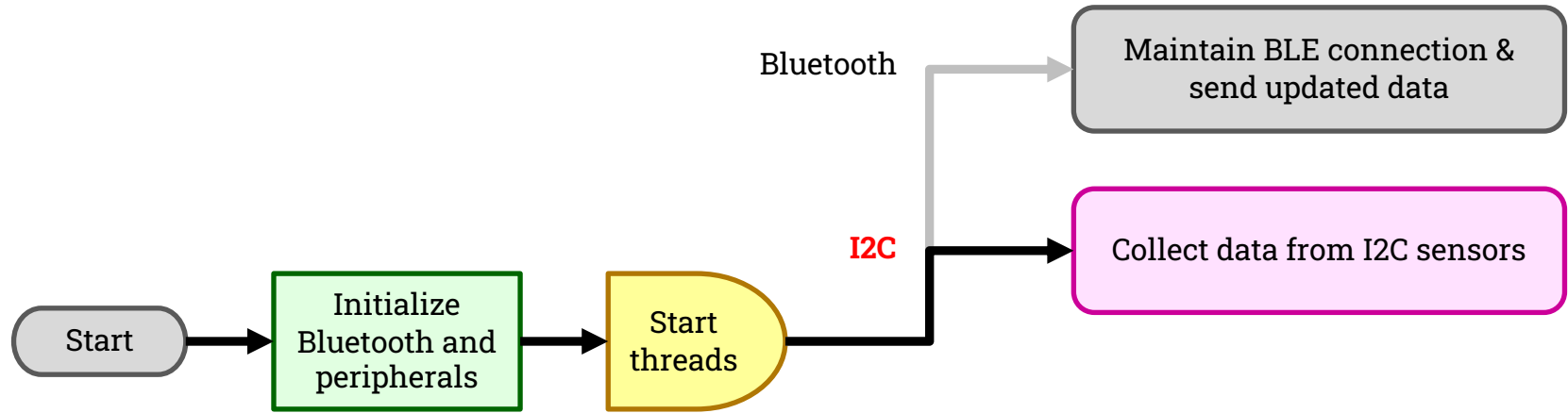
**Zephyr<sup>®</sup>**



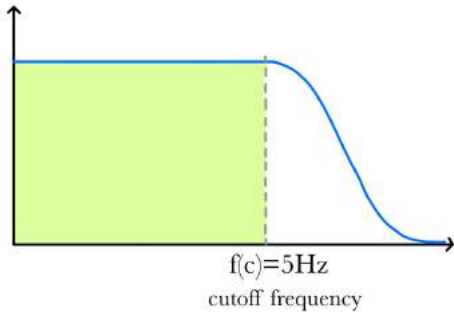
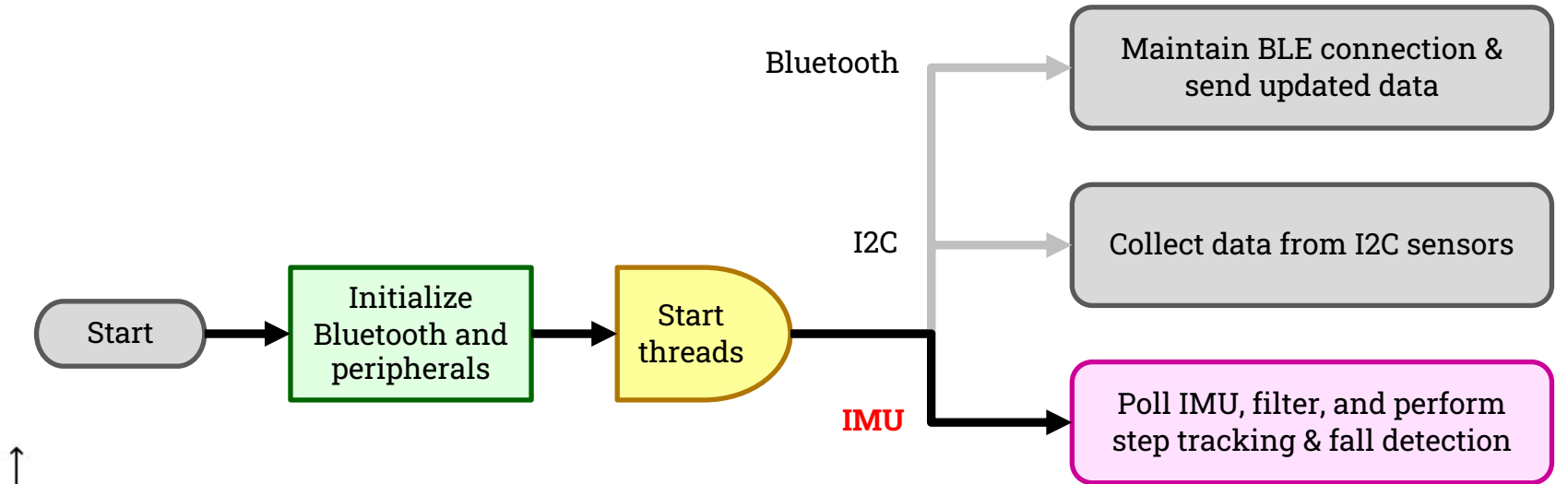
# Embedded Software Flow



# Embedded Software Flow

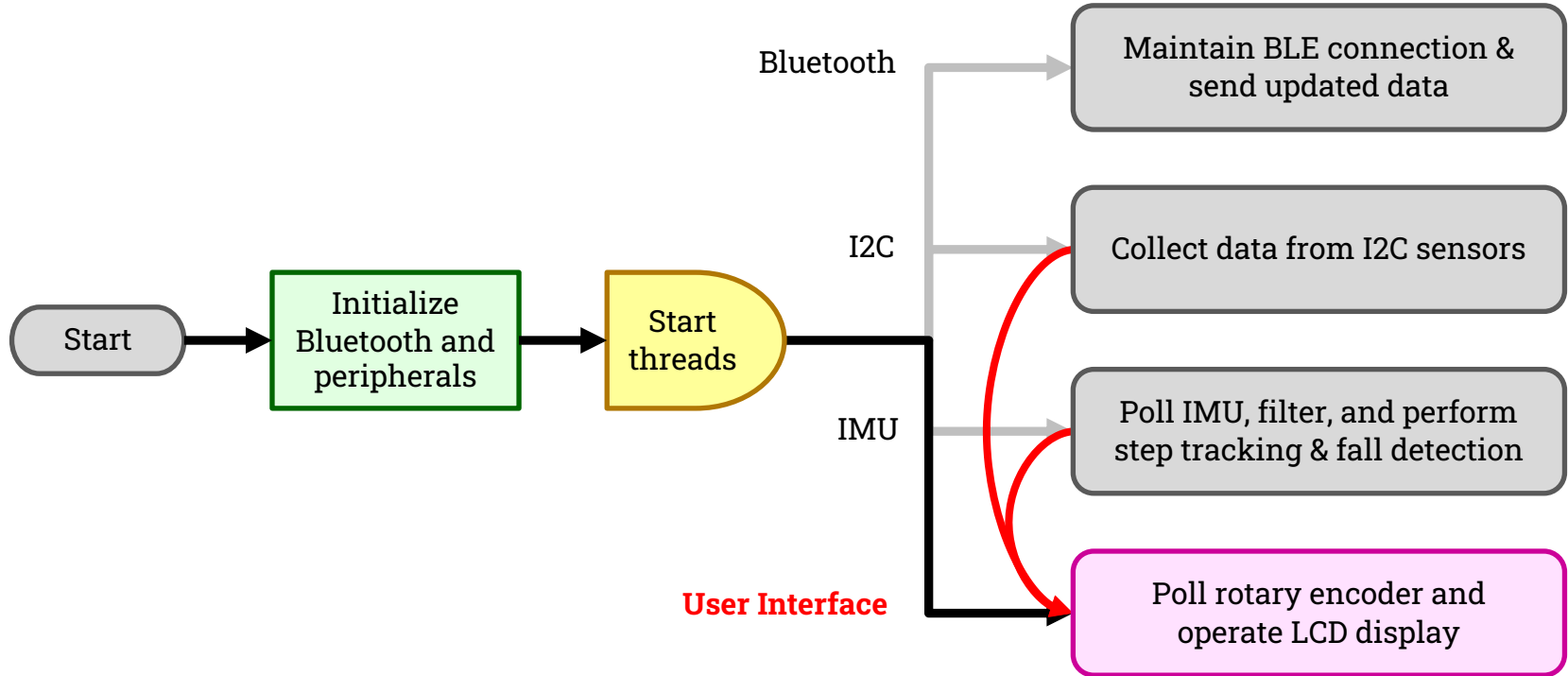


# Embedded Software Flow

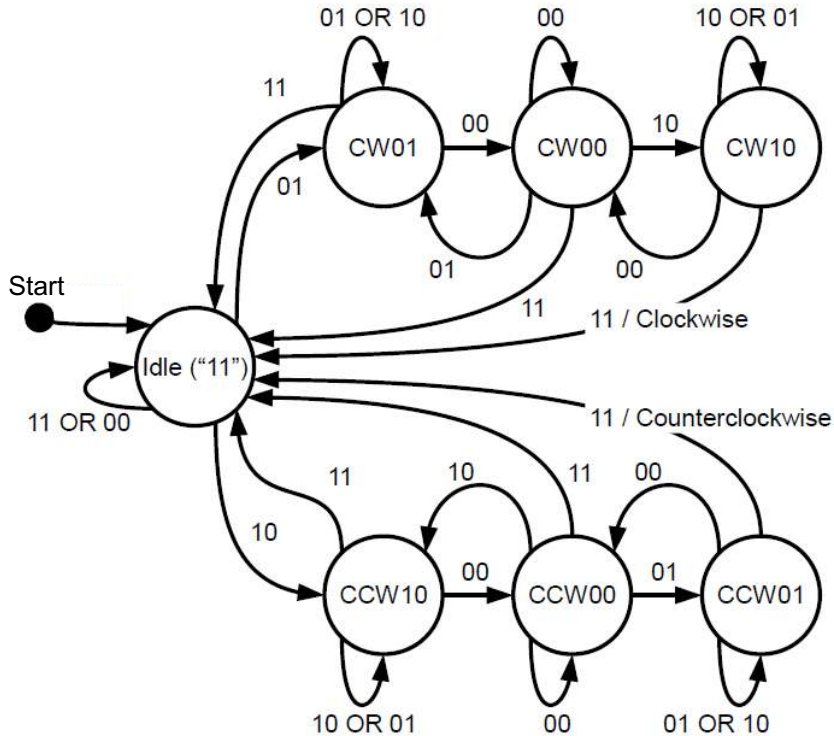


$$V_{out}[n] = \frac{T}{T + RC} V_{in}[n] + \frac{RC}{T + RC} V_{out}[n - 1]$$

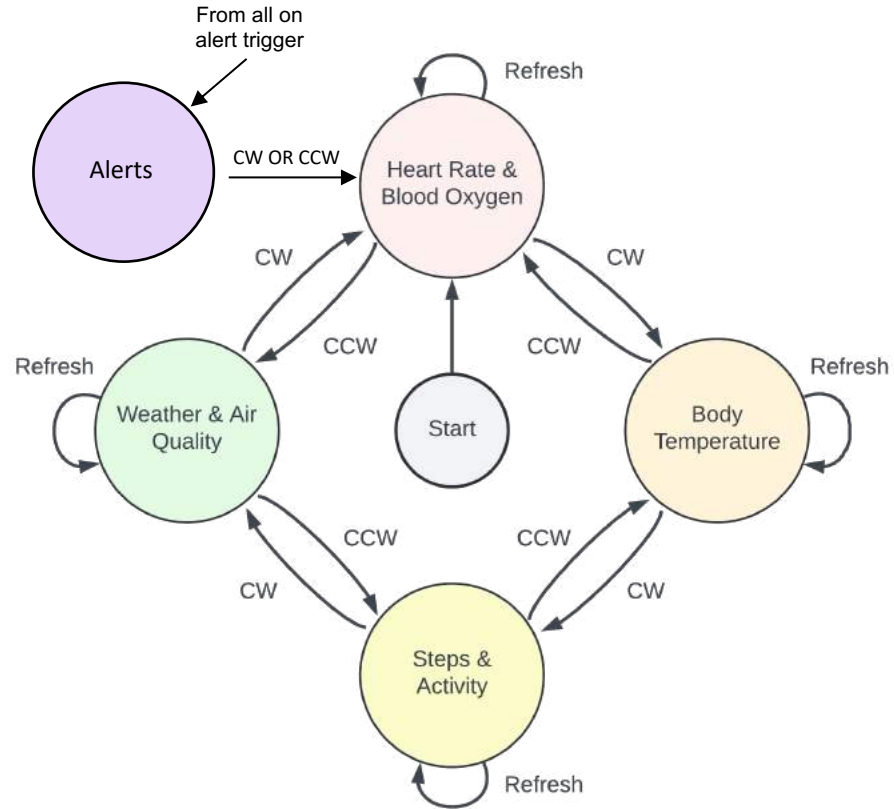
# Embedded Software Flow



# UI State Machines

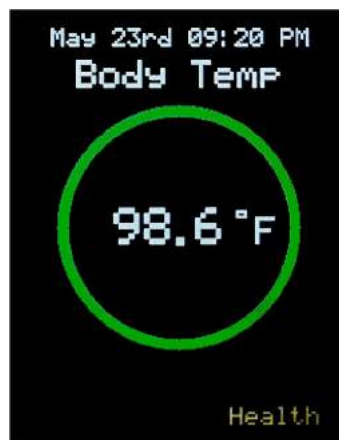


Rotary encoder debouncing



Wearable user interface

# Wearable User Interface



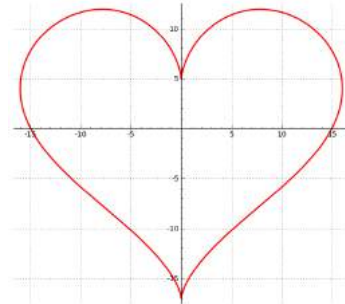
# Custom Display Drivers

```
const uint8_t font[85][5] = {  
    // Digits 0-9  
    {0x3E, 0x51, 0x49, 0x45, 0x3E}, // 0  
    {0x00, 0x42, 0x7F, 0x40, 0x00}, // 1  
    {0x42, 0x61, 0x51, 0x49, 0x46}, // 2  
    {0x21, 0x41, 0x45, 0x4B, 0x31}, // 3  
    {0x18, 0x14, 0x12, 0x7F, 0x10}, // 4  
    {0x27, 0x45, 0x45, 0x45, 0x39}, // 5  
    {0x3C, 0x4A, 0x49, 0x49, 0x30}, // 6  
    {0x03, 0x71, 0x09, 0x05, 0x03}, // 7  
    {0x36, 0x49, 0x49, 0x49, 0x36}, // 8  
    {0x06, 0x49, 0x49, 0x29, 0x1E}, // 9  
    // Uppercase Alphabet A-Z  
    {0x7E, 0x09, 0x09, 0x09, 0x7E}, // A
```

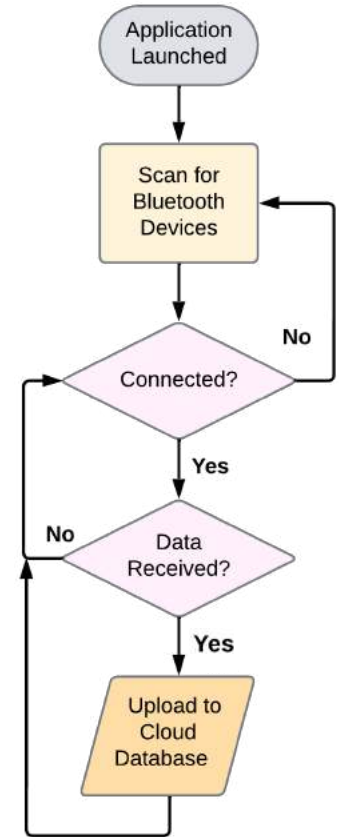
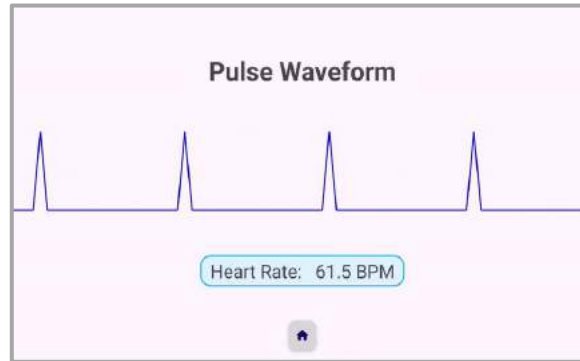
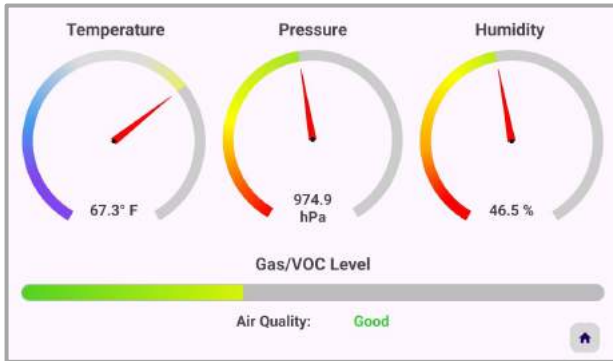
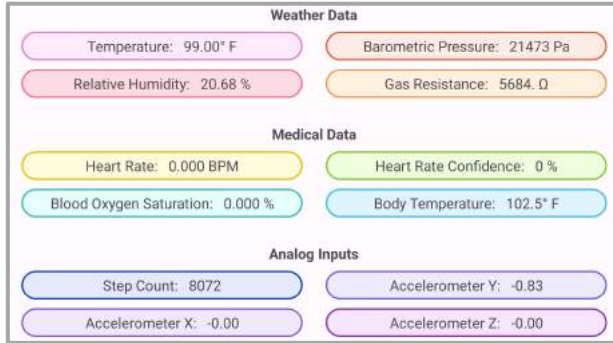
- Optimize pixel drawing with buffers
- Customizable font with digit/text drawing
- Parametric equations to draw shapes

$$x = 16 \sin^3 t$$

$$y = 13 \cos t - 5 \cos(2t) - 2 \cos(3t) - \cos(4t)$$



# Android Application





# Firestore

The screenshot displays the Firebase Firestore console interface. It is divided into three main vertical sections:

- Left Panel:** Shows the project hierarchy. The root is '(default)', and a collection named 'sensorData' is selected, indicated by a right-pointing arrow.
- Middle Panel:** Shows the 'sensorData' collection. At the top, there is a '+ Add document' button. Below it, a list of documents is shown, each with a timestamp. The document with the timestamp '2024-05-31 19:22:58' is selected, indicated by a right-pointing arrow.
- Right Panel:** Shows the details of the selected document. At the top, there is a '+ Start collection' button. Below it, there is a '+ Add field' button. The document's data is displayed as a list of key-value pairs:
  - bloodOxygen: 0
  - bodyTemperature: 78.26
  - gas: 8012
  - heartRate: 71
  - humidity: 60.2
  - pressure: 89310
  - temperature: 77.96

# Final Product





# Thank You!

Special thanks to: Our sponsor IFT, and to Dr. Yoga Isukapalli and Brian Li for the guidance

**Questions?**

# Operating Characteristics

- Power consumption:
  - HR sensor and LCD display OFF: 0.15 W
  - LCD display OFF: 0.22 W
    - LCD power draw would be cut by 33% if run of 3.3V instead of 5V
  - All peripherals ON: 1.48 W
- Battery life:
  - 30 minutes with everything enabled
  - Numerous potential improvements
- Operating temperature:
  - ~110 °F on average



Total capacity:

$$2 * 0.555 \text{ Wh} = \mathbf{1.11 \text{ Wh}}$$

# Marketability

- Modular → easily repairable
- Medical focus provides superior data without unnecessary features
  - No calibration required
- Total cost per device: \$145.34
  - PCB parts: \$46.74
  - HR/SpO2 sensor: \$40.00
  - PCB manufacturing and assembly: \$58.60
  - Easy improvements: Include HR sensor on PCB, use cheaper IMU, eliminate some weather data, order larger batches of both PCBs and parts
- Seamless databasing and data viewing by medical personnel

# I2C Communication Code Sample

```
float get_body_temp() {
    uint8_t BT_ADDR = 0x48;
    uint8_t write_data1[1] = {0x00};

    // Writing 2 bytes to the sensor
    int ret = i2c_write(i2c0_dev, write_data1, 1, BT_ADDR);
    if (ret < 0) {
        return 0; // Error writing to sensor
    }

    // Reading 2 bytes from the sensor
    uint8_t data_buffer[2];
    ret = i2c_read(i2c0_dev, data_buffer, sizeof(data_buffer), BT_ADDR);
    if (ret < 0) {
        return 0; // Error reading from sensor
    }

    // Raw temp output
    uint16_t temperature = (data_buffer[0]<<8)+(data_buffer[1]);
    float final_temp_F = (temperature / 128.0)*1.8 + 32;

    return final_temp_F;
}
```



# Difficulties and Future Plans

- Including HR/SpO2 sensor on PCB proved too expensive
  - Total PCB cost was ~\$500 when soldering sensor on
  - Directly using SMD components would cost \$2000 minimum
- Operating temperature can exceed comfortable values
  - Microcontroller has limited power
  - HR/SpO2 sensor and display are drawing more power than necessary
- Potential improvements:
  - Make all components SMD
  - Remedy noise sensor sensitivity issues
  - Add heat management components
  - Reduce size of PCB and enclosure